

SUBOXONE “MICRO-DOSING”

- WHAT IS IT?
 - A NEW WAY TO START SUBOXONE WHERE YOU DON’T HAVE TO STOP USING OR GO INTO LONG WITHDRAWAL
- IS IT FOR ME?
 - IF YOU WANT TO GO ON SUBOXONE, HAVE NOT BEEN ABLE TO TOLERATE YOUR WITHDRAWAL LONG ENOUGH TO START, AND CAN COME IN TO THE PHARMACY DAILY, IT MAY BE A GOOD OPTION FOR YOU.
- How?
 - BY USING VERY SMALL DOSES OF DAILY SUBOXONE AND INCREASING SLOWLY OVER A WEEK OR TWO
 - AT THE SAME TIME TRYING TO GRADUALLY DECREASE USE OF OTHER OPIOIDS
- HOW WILL I FEEL?
 - THERE SHOULD BE NO “PRECIPITATED WITHDRAWAL” USING THIS METHOD AS THE SUBOXONE SLOWLY (NOT SUDDENLY) TAKES THE PLACE OF FENTANYL/HEROIN
 - YOU MAY HAVE SOME VERY MILD WITHDRAWAL SYMPTOMS DURING THE PROCESS, PLEASE LET THE NURSE KNOW AND WE CAN REVIEW MEDICATIONS THAT MAY HELP WITH THIS.
- WHAT CAN I DO TO HELP MAKE IT WORK?
 - COME IN TO THE CLINIC/PHARMACY EVERY DAY AND CONTINUE TO TAKE THE SMALL DOSES OF SUBOXONE EACH DAY, EVEN IF YOU DON’T FEEL ANYTHING—IT WILL GET BETTER!
- WHAT IF I MISS A DOSE?
 - IF YOU MISS A SINGLE DOSE, WE WILL KEEP GOING, BUT IF YOU MISS TWO OR MORE, WE’LL HAVE TO START OVERSAMPLE SCHEDULE:

DOSE 1	DOSE 2	DOSE 3	DOSE 4	DOSE 5	DOSE 6	DOSE 7	DOSE 8	DOSE 9	DOSE 10
¼ TAB	¼ TAB	½ TAB	¾ TAB	1 TAB	1 ¼ TAB	1 ½ TAB	2 TAB	2 ½ TAB	3 TAB
0.5MG	0.5MG	1 MG	1.5MG	2MG	2.5MG	3MG	4MG	5MG	6MG

CAN I DO THIS IF I’M ON METHADONE OR KADIAN?

- YES!
- CONTINUE TAKING METHADONE/KADIAN AND THEN START TAPERING DOWN ONCE ON ABOUT 3MG OF SUBOXONE