

# BOOST

 BEST PRACTICES IN ORAL OPIOID AGONIST THERAPY  
COLLABORATIVE



Interior Health

## *Welcome to the Interior BOOST Collaborative Educational Webinar 3*

***\*\*Please type your name and location in the chat\*\****

**Tuesday, January 17<sup>th</sup>, 2023**

*\*The session will be recorded for educational purposes—if there are any concerns with this, please send a direct message to Alysia Simon/CfE BOOST (host)\**

# Land Acknowledgement

*We would like to begin by acknowledging that the land on which we gather is the traditional, ancestral, unceded and occupied homelands of the Coast Salish peoples, including*

*the seven Interior Region First Nations, where we live, learn, collaborate, and work together. This region is also home to 15 Chartered Métis Communities. It is with humility that we continue to strengthen our relationships with First Nation, Métis, and Inuit peoples across the Interior.*

*We also want to acknowledge that others may be joining from different traditional homelands today.*

*This acknowledgment is a reminder of the discriminatory, racist, and colonial practices that have had a lasting legacy, and continue to create barriers for Indigenous peoples in the healthcare system.*



**Substance Use and  
Addictions Program**



BRITISH COLUMBIA  
CENTRE *for* EXCELLENCE  
*in* HIV/AIDS



***THANK YOU  
TO ALL OUR FUNDERS AND PARTNERS,  
INCLUDING  
CLIENT PARTNERS AND FAMILY VOICES***

Please familiarize yourself with the

## Zoom Control Panel



Chat or ask questions using the chat function

Participants 2 Chat Share Screen Record

Invite Mute Me Raise Hand

Chat

To: Everyone

Type message here...

File ...

Make sure you chat to all participants

Use the "raise hand" feature to notify the host that you would like to be unmuted

Click "participants" and "raise hand" on the right-hand side of the screen

00:00:07 | 3 questions | 0 of 1 (0%) participated

1. Please provide an overall rating of "Current State of the Opioid Crisis" (Rating Scale: 1 = Unsatisfactory, 3 = Satisfactory, 5 = Exceptional) (Single Choice) \*

0/0 (0%) answered

1	(0/0) 0%
2	(0/0) 0%
3	(0/0) 0%
4	(0/0) 0%
5	(0/0) 0%

2. Please provide an overall rating of "OAT Practice Guidelines Update" (Rating Scale: 1 = Unsatisfactory, 3 = Satisfactory, 5 = Exceptional) (Single Choice) \*

0/0 (0%) answered

End Poll



# Interior Health Peer Inclusion: Involving Peers in BOOST Collaborative OAT Clinics

# Land Acknowledgement

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It is with humility that we continue to strengthen our relationships with First Nation, Métis, and Inuit peoples. Interior Health acknowledges the land that we are on as the unceded traditional territories of the Dãkelh Dené, Ktunaxa, Nlaka'pamux, Secwépemc, St'ált'imc, Syilx, and Tsilhqot'in peoples.



# War on Drugs

We also acknowledge the substantial loss and devastation caused by the war on drugs and it's racist and capitalist underpinnings. Our work is rooted in respect, love and great appreciation for those we have lost in the drug war and those who continue to fight for survival.

# Learning Objectives

- Understand the options for involving Peers in planning and/or delivery of substance use services through the IH Peer Inclusion & Engagement Program
- Understand who can support you with honorarium-paid Peer involvement in your area
- Understand the process to engage honorarium-paid Peers as advisors or in service delivery
- Know where to find the tools and resources
- Discuss how to seek funding for Peer employment
- Questions



# Peer Definition

A Peer has a role within an IH substance use service or advisory group where their lived experience of substance use (past or present) is identified and central to their role. Peer work is only considered as such if it

- (a) draws on, and is directly related to, lived experience, and
- (b) happens in a health- promoting and/or harm- reducing context.

# Importance of Peer Involvement

**“People with lived experience are experts and necessary partners to advocate for the respect of their rights, but also for the development of services and opportunities that are most responsive to their actual needs.”**

(World Health Organization, 2021)

**“As experts by experience, Peers are able to uniquely connect with, and relate to individuals going through a challenging time because of first-hand knowledge and experience.”**

(World Health Organization, 2021)

# Peer Inclusion & Engagement Program

This program aims to lead and support initiatives that increase and improve IH's ability to meaningfully and safely engage Peers in the planning and delivery of substance use services across the region.



# Honorarium-paid Peer Involvement

## IH Peer Advisory Group

One-time, short-term, occasional, as-needed

Project or initiative-based

Health-focused

Advising, consulting, collaborating, planning, creating, facilitating, decision-making

## IH Peer Volunteers

Set term or ongoing with flexibility

Program, service or initiative-based

Health-focused

Program support or supportive tasks



# Who can you contact to request support with Peer involvement?

Penticton  
Peer Coordinator  
Leah Connell

Vernon  
Peer Coordinator  
Keri Locheed

Kamloops  
Peer Coordinator  
Tania McCartney

Kelowna  
Peer Coordinator  
Nicole Kneale

Williams Lake  
Peer Coordinator  
Hiring

Merritt  
Peer Coordinator  
Hiring

Cranbrook  
Peer Coordinator  
Hiring

KB: SU Connections/Peer  
Coordinators  
Nelson – Janine Frey  
Trail -  
Grand Forks -

Contact [IHPeerAdvisory@interiorhealth.ca](mailto:IHPeerAdvisory@interiorhealth.ca) for support to involve Peers in regional initiatives or when local support is not available

# Support from Peer Coordinator or Substance Use Services Team

## Peer Advisory Group

- Scheduling
- Recruitment
- Coordination and co-facilitation of engagement session(s)
- Note-taking, report
- Honorarium payment

## Peer Volunteer

- Peer role development
- Recruitment
- Candidate(s) communication
- Interview and selection
- Honorarium payment
- Peer Training
- Peer Integration support to TL or designated staff or team



# IH Peer Advisory Group

**There are currently over 100 members with lived or living expertise of substance use recruited to the Peer Advisory Group from 18 different communities and Nations to share their voices and perspectives on IH initiatives and substance use services.**

# How to Engage Peer Advisory

**Read:** [Process - Engage Peer Advisory Group](#)

**Confirm Budget:** Designated IH staff obtains written approval for engagement and budget from your program cost centre to engage the IH Peer Advisory Group. Contact [IHPeerAdvisory@interiorhealth.ca](mailto:IHPeerAdvisory@interiorhealth.ca) for funding support if needed.

**Submit Engagement Request:** Designated IH staff submits a completed [Peer Advisory Engagement Request Form](#) and/or any questions to [IHPeerAdvisory@interiorhealth.ca](mailto:IHPeerAdvisory@interiorhealth.ca)

**Recruit, Facilitate, Report:** Substance Use Team helps every step of the way.



# How to Involve Peer Volunteers

**Read:** [Process - Involve Peer Volunteers](#)

**Confirm Budget:** Designated IH staff obtains written approval and budget for Peer Volunteer role(s) from Manager. Contact [IHPeerAdvisory@interiorhealth.ca](mailto:IHPeerAdvisory@interiorhealth.ca) with funding inquiries as needed.

**Clarify the Role:** Clearly defines the role(s) utilizing templates linked in the process ([Peer Volunteer Registration Form](#))

**Recruit:** Designated IH staff works with Peer Coordinator or the Substance Use Services team to devise a tailored and localized Peer recruitment approach

**Screen, Register, Orient, Train:** Peer Coordinator or Substance Use Services Team will support you every step of the way

**Integrate, Support & Supervise:** Manager and designated IH staff are responsible for safely and meaningfully integrating Peer Volunteers into MHSU services and supporting and supervising them in their roles.

# Peer Engagement & Inclusion Toolkit

The screenshot shows the InsideNet website interface. At the top left is the 'insideNet' logo. To the right is a search bar with the text 'Search the InsideNet...' and a magnifying glass icon, followed by 'Advanced' and a question mark icon. Below the logo and search bar is a horizontal navigation menu with links: 'About Interior Health', 'Employee Resources', 'Quality & Patient Safety', 'Clinical Care Resources', 'Education & Development', and 'Employee Health & Safety'. A second row of navigation links includes: 'Technology & Computers', 'Manager Resources', 'Projects & Initiatives', 'Finance & Purchasing', 'Graphics & Forms', 'Buildings & Security', and 'Informational Resources'. Below the navigation is a breadcrumb trail: 'Home > Clinical Care Resources > Mental Health & Substance Use > Peer Engagement and Inclusion'. On the left side, there is a sidebar titled 'Clinical Care Resources' with a list of categories, including 'Mental Health & Substance Use' which is expanded to show sub-items like 'Practice Standards & Guidelines', 'Forms', 'Education: Patient', and 'Education: Staff'. The main content area is titled 'Peer Engagement and Inclusion' and contains a paragraph explaining the importance of embedding peers. Below the paragraph is a table with columns for 'Practice Name', 'Form No', and 'Endorsement Date'. The table lists several categories with their respective counts: 'Honorariums (6)', 'Peer Advisory Group (6)', 'Peer Volunteers (13)', 'Promotion (1)', 'Training & Education (7)', and 'Voices & Perspectives of Peers (19)'.

**insideNet** Search the InsideNet... Advanced ?

About Interior Health | Employee Resources | Quality & Patient Safety | Clinical Care Resources | Education & Development | Employee Health & Safety

Technology & Computers | Manager Resources | Projects & Initiatives | Finance & Purchasing | Graphics & Forms | Buildings & Security | Informational Resources

Home > Clinical Care Resources > Mental Health & Substance Use > Peer Engagement and Inclusion

## Clinical Care Resources

- ▶ Aboriginal Health & Wellness
- ▶ Access & Efficiency
- ▶ Cardiac Care
- ▶ Communicable Disease
- ▶ Critical Care
- ▶ Dementia Care
- ▶ Diabetes
- ▶ Dietitian Services
- ▶ Early Childhood Development
- ▶ Emergency & Trauma Care
- ▶ General Interprofessional Practices
- ▶ Home Health
- ▶ Infection Prevention & Control
- ▶ Laboratory
- ▶ Long-term Care
- ▶ Maternal, Newborn, Pediatrics
- ▶ Medical Imaging
- ▶ Medication Management
- ▼ Mental Health & Substance Use
  - Practice Standards & Guidelines
  - Forms
  - Education: Patient
  - Education: Staff
- ▶ Palliative Care
- ▶ Parenteral & Transfusion Practices
- ▶ Pharmacy
- ▶ Primary Care

## Peer Engagement and Inclusion

Interior Health understands the importance of embedding Peers at all levels of service planning and delivery to improve the healthcare system and the health and wellbeing of people who use substances. The contents within are intended to support managers and front line leaders with philosophical considerations and practical tools that will ensure IH staff feel confident to safely and meaningfully engage and include Peers.

The [Peer Engagement and Inclusion Framework](#) is the overarching conceptualization of Peer Engagement and Inclusion within Interior Health.

<input type="checkbox"/> Practice Name	Form No	Endorsement Date
▶ <b>Title : Honorariums</b> (6)		
▶ <b>Title : Peer Advisory Group</b> (6)		
▶ <b>Title : Peer Volunteers</b> (13)		
▶ <b>Title : Promotion</b> (1)		
▶ <b>Title : Training &amp; Education</b> (7)		
▶ <b>Title : Voices &amp; Perspectives of Peers</b> (19)		



# Peer Employment Options

- Advocate to leadership
- Seek funding for term Peer Support Worker (PSW) position(s)
  - Budget surplus
  - SBAR

# References

Peer support mental health services: promoting person-centred and rights-based approaches. Geneva: World Health Organization; 2021 (Guidance and technical packages on community mental health services: promoting person-centred and rights-based approaches). [Peer support mental health services: Promoting person-centred and rights-based approaches \(who.int\)](#).

Peer Engagement & Employment in Interior Health Substance Use Services. British Columbia, 2021. [Peer Engagement and Inclusion Toolkit - All Items \(interiorhealth.ca\)](#).



# Thank you

For Questions please email  
[IHPeerAdvisory@interiorhealth.ca](mailto:IHPeerAdvisory@interiorhealth.ca)



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CONTACT US: [boostcollaborative@bccfe.ca](mailto:boostcollaborative@bccfe.ca)

VISIT THE WEBSITE: <http://www.stophiv aids.ca/oud-collaborative>