# QUALITY IMPROVEMENT – IMPACT OF QI ON CLINICAL WORK

DR. CHRIS KRIEK FAMILY PHYSICIAN WILLIAMS LAKE, BC

### LAND ACKNOWLEDGEMENT

I acknowledge that I live, work and play on the unceded territory of the Secwepemc Nation.



### MY JOURNEY WITH QI

- 2019 started with the BOOST Collaborative.
- Just started working at our local OAT clinic.

## **CORNERSTONE CLINIC**

The Cariboo Cornerstone Cowboys

Serving Williams Lake, Quesnel and 100 Mile



#### WHO ARE WE?

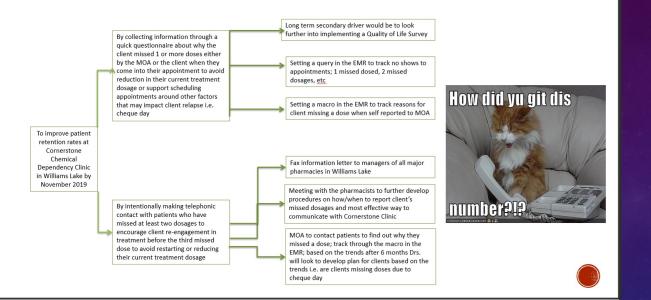
BOOST Team: Dr. Chris Kriek Erin Prest Ali Vızal Jane Barnett

Additional Cornerstone Staff: Dr. Ivan Scrooby Dr. Roland Englebrecht Chrys Mills Frances Rutherford

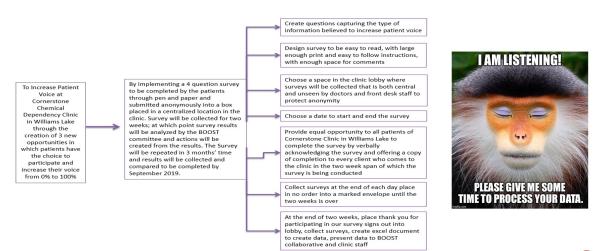




#### AIM STATEMENT #1 :TO IMPROVE PATIENT RETENTION RATES AT CORNERSTONE CHEMICAL DEPENDENCY CLINIC IN WILLIAMS LAKE BY NOVEMBER 2019



AIM STATEMENT #2 : TO INCREASE PATIENT VOICE AT CORNERSTONE CHEMICAL DEPENDENCY CLINIC IN WILLIAMS LAKE THROUGH THE CREATION OF 3 NEW OPPORTUNITIES IN WHICH PATIENTS HAVE THE CHOICE TO PARTICIPATE AND INCREASE THEIR VOICE FROM 0% TO 100%



PDSA (THE GOOD, THE BAD, THE UGLY)



Our great intention: Increase patient retention Our great challenge: Thinking it would be easy Our great oversight: So many Numbers...

**PDSA** (THE GOOD, THE BAD, THE SAD) WHAT IF ITOLD YOU YOUR FEEDBACK COULD DETERMINE OUR FUTURE?

Our great intention: Increase patient voice

Our great challenge: No one wanted to talk

Our great disappointment: Ali sat alone in the conference room

#### BUT WE PERSEVERE

- Updating our initial and yearly intake form
- Missed Dose Protocols
- Welcome Package
- Utilizing Profile More
- Recruitment for 100 Mile Doctor
- Working with <u>Quesnel</u> Mental Health Office
- Partnering with FNHA/Band Health Offices





# Increasing Access to OAT in the Cariboo

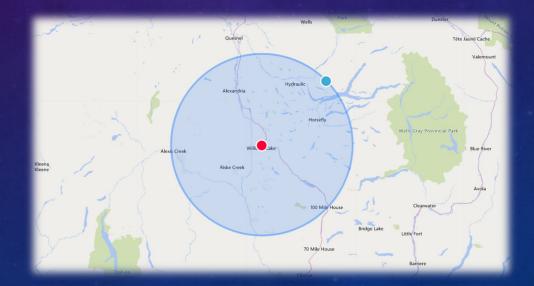
#### BACKGROUND

- 2016: Opioid Crisis.
- 2020: Deaths
  - 19355 Canadians
  - 1178 I.H.
  - 406 Thompson Cariboo
- Substance use disorders in Cariboo:
  - Clinical pathways
  - Access
  - •<sup>0</sup> <sup>2</sup> ? Improved.



### AIM STATEMENT

Ensure 95% of patients with an OUD in Williams Lake and its surrounding areas up to 80kms who present to Cariboo Memorial Hospital Emergency Room looking to start OAT will have access to a Suboxone Induction, contact with a Community Crisis Response Nurse and an appointment at Cornerstone Clinic within 72 hours by December 2020.



### CHANGE IDEAS

- Access to Suboxone
- Brief education session
  - Physicians
  - Nurse
- Teaching video resource
- Cornerstone referral form

Reducing barriers for patients with an opioid use disorder. PQI and FEI

## **KEY LEARNINGS & REFLECTION**



- PIA
- Data collection
- People paradigms
- Patient Journey
  - stigma
  - social determinants of health

### **KEY LEARNINGS & REFLECTION**

• QI in medicine

Collaboration

• FEI

COVID-19

•

#### Interior Health

Patient Name (last) \_\_\_\_\_\_

PHN

OUTPATIENT OPIOID AGONIST TREATMENT REFERRAL DOB (dd/mm/yyyy)

Cornerstone Chemical Dependency Clinic 145 4th Ave South Williams Lake, BC V2G 1J8 Fax: (250) 392-7746

Tel: (250) 398-7745

Hours: Monday-Thursday, 1:00-3:00 p.m.

#### Please complete and fax to Cornerstone Clinic at (250) 392-7746

the purpose of contacting me to initiate Opioid Agonist Treatment.

Date of Induction	Start Time of Induction
Mental Health Referral ACCEPTED	Patient Phone
Mental Health Referral DECLINED	
Bloodwork sent to Cornerstone Clinic	
I	, consent for none number and bloodwork information to Cornerstone Clinic for

 Date (dd/mm/yyyy)
 Time (24 hour)
 Referring Doctor Name/ Signature
 Designation / College ID #

#### **Confidentiality Note:**

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## **IMPLEMENTATION & RESULTS**

Suboxone Inductions in E.R

■ 8mg ■ 2mg

Total

- COVID-19
- Lunch and learn session
- Collaboration-regional & provincial level:
  - BOOST
  - LOUD in the ED
  - Suboxone Expert advisory committee

#### Suboxone<sup>®</sup> in the ED

Why Initiation in the ED is Best Practice!

Interior Health

#### Conclusion

"The history of medicine is, in part, the history of physicians stretching the scope of their practice to answer the pressing needs of their times."

OPIOID CRISIS HELP IS HERE

Rapoport & Rowley, NEJM, 2017

# ROLL OUT: SUBOXONE IN THE ED

# QUESTIONS