



BRITISH COLUMBIA  
CENTRE for EXCELLENCE  
in HIV/AIDS



Dear Treatment Optimization of Psychosis (TOP) Collaborative,

Over the past year our teams have worked together towards the common goal of optimizing treatment for people living with psychosis. Using continuous quality improvement (CQI) strategies, since June 23, 2021, TOP has systematically shared, measured and implemented best practices in the treatment of psychosis in community settings rather than in hospitals.

This work was led by the BC Centre for Excellence in HIV/AIDS (BC-CfE) in partnership with Vancouver Coastal Health Mental Health and Substance Use (VCH MHSU) and the BC Schizophrenia Society.

As the one-year partnership phase of this work comes to an end, TOP leadership has decided to continue the TOP initiative at VCH, integrated within VCH MHSU, effective August 12, 2022. This transition of the TOP program to VCH will ensure the best use of the remaining funds reserved for this initiative, and provide long-term, sustainable integration within VCH MHSU services.

**This decision means the BC-CfE will not be involved with TOP after August 12, 2022. All TOP-related inquiries after August 12 should be directed to:**

- Philip Charlebois, Manager, Kitsilano-Fairview Mental Health:  
[philip.charlebois@vch.ca](mailto:philip.charlebois@vch.ca)
- Harish Neelakant, Psychiatrist, Mental Health and Addictions Services:  
[harish.neelakant@vch.ca](mailto:harish.neelakant@vch.ca)

Thanks to this partnership, people living with psychosis, alongside their families and friends, have seen significant positive changes in their treatment and care. As a team, we have helped reduce stigma surrounding psychosis and reached milestones in learning, growing, and cooperating by embedding CQI into our daily work, including the key project deliverables below.

Learning events delivered to date:

- Eight Continuing Medical Education (CME) events
- Five Learning Sessions
- Six webinars
- Clinical Q and A sessions

Tools and resources developed to date:

- TOP Online Course Program
- Two client/family educational videos
- Screen and Manage (SAM) Tool
- Decision Support Tool (DST)



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- Psychosis Management Pathway
- Primary Care and Specialist Resource Pathway

It is through strong partnerships like this that the 1.25 million clients served by VCH can experience the very best in care delivery and in their health outcomes. We thank all TOP Collaborative members for their hard work and dedication to our clients.

Sincerely,

A handwritten signature in black ink, appearing to read "Rolando Barrios".

Dr. Rolando Barrios  
Senior Medical Director,  
BC Centre for Excellence in HIV/AIDS

A handwritten signature in black ink, appearing to read "Randall F White".

Dr. Randall F. White  
Medical Director, Vancouver Community  
Mental Health and Substance Use Services  
Vancouver Coastal Health