



**BOOST**

 BEST PRACTICES IN ORAL OPIOID AGONIST THERAPY  
COLLABORATIVE




Interior Health

*Welcome  
to the  
Interior BOOST Collaborative  
Educational Webinar 1*

***\*\*Please type your name and location in the chat\*\****

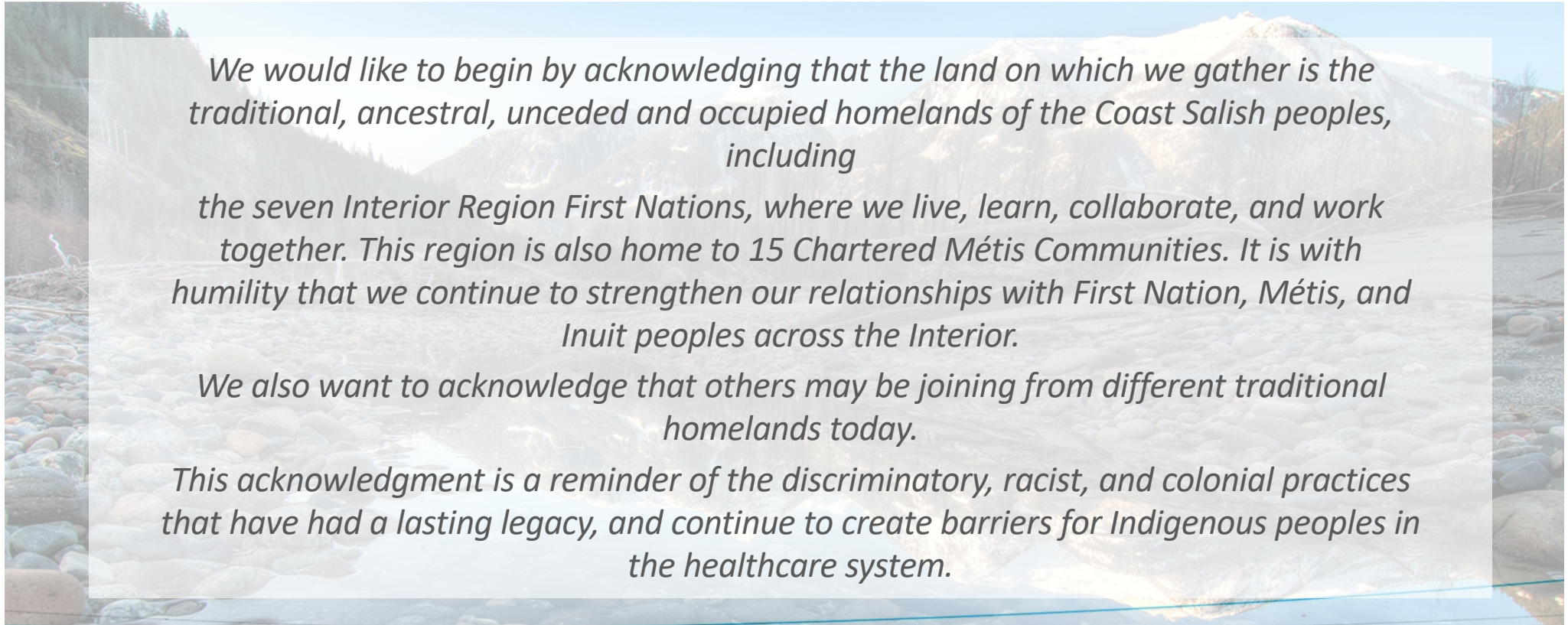
**Tuesday, July 19<sup>th</sup> , 2022**

*\*The session will be recorded for educational purposes—if there are any concerns with this, please send a direct message to Angie Semple/CfE BOOST (host)\**





## Land Acknowledgement



*We would like to begin by acknowledging that the land on which we gather is the traditional, ancestral, unceded and occupied homelands of the Coast Salish peoples, including*

*the seven Interior Region First Nations, where we live, learn, collaborate, and work together. This region is also home to 15 Chartered Métis Communities. It is with humility that we continue to strengthen our relationships with First Nation, Métis, and Inuit peoples across the Interior.*

*We also want to acknowledge that others may be joining from different traditional homelands today.*

*This acknowledgment is a reminder of the discriminatory, racist, and colonial practices that have had a lasting legacy, and continue to create barriers for Indigenous peoples in the healthcare system.*



**Substance Use and Addictions Program**



BRITISH COLUMBIA  
CENTRE *for* EXCELLENCE  
*in* HIV/AIDS



**Interior Health**

***THANK YOU  
TO ALL OUR FUNDERS AND PARTNERS,  
INCLUDING  
CLIENT PARTNERS AND FAMILY VOICES***

The views expressed herein do not necessarily represent the views of Health Canada

Please familiarize yourself with the

## Zoom Control Panel



Chat or ask questions using the chat function

Make sure you chat to all participants

Use the "raise hand" feature to notify the host that you would like to be unmuted

Click "participants" and "raise hand" on the right-hand side of the screen

To: Everyone

Type message here...

00:00:07 | 3 questions | 0 of 1 (0%) participated

### Morning Impressions

00:00:07 | 3 questions | 0 of 1 (0%) participated

1. Please provide an overall rating of "Current State of the Opioid Crisis" (Rating Scale: 1 = Unsatisfactory, 3 = Satisfactory, 5 = Exceptional) (Single Choice) \*

0/0 (0%) answered

1	(0/0) 0%
2	(0/0) 0%
3	(0/0) 0%
4	(0/0) 0%
5	(0/0) 0%

2. Please provide an overall rating of "OAT Practice Guidelines Update" (Rating Scale: 1 = Unsatisfactory, 3 = Satisfactory, 5 = Exceptional) (Single Choice) \*

0/0 (0%) answered

End Poll





## **Interior Health Peer Inclusion: Involving Peers in BOOST Collaborative OAT Clinics**

*Alison Kyte*

Practice Lead  
Substance Use Services, MHSU Network  
*Interior Health*



# Interior Health Peer Inclusion: Involving Peers in BOOST Collaborative OAT Clinics

# Land Acknowledgement

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It is with humility that we continue to strengthen our relationships with First Nation, Métis, and Inuit peoples. Interior Health acknowledges the land that we live, work, and play on as the unceded traditional territories of the Dākelh Dené, Ktunaxa, Nlaka'pamux, Secwépemc, St'ált'ímc, Syilx, and Tsilhqot'in peoples.





# War on Drugs

We also acknowledge the substantial loss and devastation caused by the war on drugs and its racist and capitalist underpinnings. Our work is rooted in respect, love and great appreciation for those we have lost in the drug war and those who continue to fight for survival.

# Today's Presentation

- Definition of Peer
- Overview of Peer Inclusion Project
- Importance of Peer Involvement
- Peer Inclusion & Engagement Toolkit
- Process to involve Peer Advisory Group
- Process to involve Peer Volunteers
- Supports & Tools
- Questions

# People Behind the Scenes

**MHSU Network Practice Lead:** Alison Kyte

**MHSU Network Coordinator, Peer Inclusion:** Jayme Pereira

**MHSU Network Knowledge Coordinator:** Erika McLaren

**Local Peer Coordinators:** Jordan McAlpine (Kelowna), Leah Connell (Penticton/SOK), Curtis Good (Kamloops), *Currently Vacant* (Vernon)

# Peer Definition

A Peer has a role within an IH substance use service or advisory group where their lived experience of substance use (past or present) is identified and central to their role. Peer work is only considered as such if it

- (a) draws on, and is directly related to, lived experience, and
- (b) happens in a health- promoting and/or harm- reducing context.

# Peer Inclusion Project Overview

This project aims to lead and support initiatives that increase and improve IH's ability to meaningfully and safely engage Peers in the planning and delivery of substance use services across the region. This includes

- Developing and implementing foundational structures, standards, processes and tools,
- Creating pathways for engagement
- Empowering Peers to feel confident to share their voices, perspectives and skills, and
- Fostering a stigma-free culture that values lived expertise.

# Importance of Peer Involvement

**“People with lived experience are experts and necessary partners to advocate for the respect of their rights, but also for the development of services and opportunities that are most responsive to their actual needs.”**

(World Health Organization, 2021)

**“As experts by experience, Peers are able to uniquely connect with, and relate to individuals going through a challenging time because of first-hand knowledge and experience.”**

(World Health Organization, 2021)

# Honorarium-paid Peer Involvement

## IH Peer Advisory Group

One-time, short-term, occasional, as-needed

Project or initiative-based

Health-focused

Advising, consulting, collaborating, planning, creating, facilitating, decision-making

## IH Peer Volunteers

Set term or ongoing with flexibility

Program, service or initiative-based

Health-focused

Program support or supportive tasks

## Peer Advisory Group Apr 1, 2021 – Mar 31, 2022

**There are currently over 100 members with lived or living expertise of substance use recruited to the Peer Advisory Group from 18 different communities and Nations to share their voices and perspectives on IH initiatives and substance use services.**

**61 unique Peer Advisory Group members actively participated in 35 distinct engagements and initiatives.**



# Peer Volunteer Program - Apr 1 2021-Mar 31, 2022

## 42 Peer Volunteers in roles across 6 communities

1. Kelowna OAT Clinic, 1 FTE PSW
2. Kelowna Overdose Prevention Outreach (Nurse Partner) (1)
3. Kelowna Recovery Essentials Group (1)
4. Kelowna Supervised Consumption Site/SCS (2)
5. Vernon Overdose Prevention Site (7)
6. Vernon Outreach (1)
7. Penticton Overdose Prevention Outreach (Nurse Partner) (2)
8. Penticton Outreach (1)
9. Regional Integrated Treatment Team (ITT) Peer Support (12)
10. West Kelowna ITT Peer Support (1)
11. South Okanagan ITT Peer Support (1)
12. North Okanagan ITT & Splitsin Peer Support Pilot Project (1)
13. Kamloops ITT (3)
14. Merritt Overdose Crisis Response Committee (1)
15. Addressing Stigma Sessions, Lived Experience Educators (4)
16. ED Suboxone Project, Peer Advisor (1)
17. Substance Use Framework Steering Committee, Peer Advisors (2)
18. Toxic Drug Supply Taskforce Peer Advisors (4)
19. Chart Review to Address Illicit Drug Toxicity Surveillance Gaps (1)

# Peer Engagement & Inclusion Toolkit

The screenshot shows the InsideNet website interface. At the top, there is a search bar with the text "Search the InsideNet..." and an "Advanced" link. Below the search bar is a navigation menu with categories such as "About Interior Health", "Employee Resources", "Quality & Patient Safety", "Clinical Care Resources", "Education & Development", and "Employee Health & Safety". The main content area is titled "Peer Engagement and Inclusion" and includes a description of the importance of embedding Peers in the healthcare system. A table with columns for "Practice Name", "Form No", and "Endorsement Date" is partially visible, listing various titles and their counts.

**insideNet** Search the InsideNet... Advanced ?

About Interior Health | Employee Resources | Quality & Patient Safety | Clinical Care Resources | Education & Development | Employee Health & Safety

Technology & Computers | Manager Resources | Projects & Initiatives | Finance & Purchasing | Graphics & Forms | Buildings & Security | Informational Resources

Home > Clinical Care Resources > Mental Health & Substance Use > Peer Engagement and Inclusion

## Clinical Care Resources

- Aboriginal Health & Wellness
- Access & Efficiency
- Cardiac Care
- Communicable Disease
- Critical Care
- Dementia Care
- Diabetes
- Dietitian Services
- Early Childhood Development
- Emergency & Trauma Care
- General Interprofessional Practices
- Home Health
- Infection Prevention & Control
- Laboratory
- Long-term Care
- Maternal, Newborn, Pediatrics
- Medical Imaging
- Medication Management
- Mental Health & Substance Use
  - Practice Standards & Guidelines
  - Forms
  - Education: Patient
  - Education: Staff
- Palliative Care
- Parenteral & Transfusion Practices
- Pharmacy
- Primary Care

## Peer Engagement and Inclusion

Interior Health understands the importance of embedding Peers at all levels of service planning and delivery to improve the healthcare system and the health and wellbeing of people who use substances. The contents within are intended to support managers and front line leaders with philosophical considerations and practical tools that will ensure IH staff feel confident to safely and meaningfully engage and include Peers.

The [Peer Engagement and Inclusion Framework](#) is the overarching conceptualization of Peer Engagement and Inclusion within Interior Health.

<input type="checkbox"/> Practice Name	Form No	Endorsement Date
<a href="#">Title : Honorariums</a> (6)		
<a href="#">Title : Peer Advisory Group</a> (6)		
<a href="#">Title : Peer Volunteers</a> (13)		
<a href="#">Title : Promotion</a> (1)		
<a href="#">Title : Training &amp; Education</a> (7)		
<a href="#">Title : Voices &amp; Perspectives of Peers</a> (19)		

# How to Engage Peer Advisory

**Read:** [How to Engage the Peer Advisory](#)

**Confirm Budget:** Designated IH staff obtains written approval for engagement and budget from your program cost centre to engage the IH Peer Advisory Group. Direct inquiries for regional Peer budget to [IHPeerAdvisory@interiorhealth.ca](mailto:IHPeerAdvisory@interiorhealth.ca)

**Submit Engagement Request:** Designated IH staff submits a completed [Peer Advisory Engagement Request Form](#) and/or any questions to [IHPeerAdvisory@interiorhealth.ca](mailto:IHPeerAdvisory@interiorhealth.ca)

**Recruit, Facilitate, Report:** Substance Use Team creates a poster to recruit members of the Peer Advisory Group to participate in the engagement opportunity based on the information provided in the Peer Advisory Engagement Request Form. Designated IH staff collaborates to select participants, (co-)facilitate engagement and develop engagement report.

# How to Involve Peer Volunteers

**Read:** [How to Involve Peer Volunteers](#)

**Confirm Budget:** Designated IH staff obtains written approval and budget for Peer Volunteer role(s) from your program cost centre and Manager. Direct inquiries for regional Peer budget to [IHPeerAdvisory@interiorhealth.ca](mailto:IHPeerAdvisory@interiorhealth.ca)

**Clarify the Role**

Clearly defines the role(s) utilizing the [Peer Volunteer Registration Form](#) and the [Peer Role Description and Code of Conduct](#). The Manager or designate is responsible for maintaining a file for each Peer volunteer.

**Recruit**

The Manager or designate works with the Substance Use team, MHSU Network ([IHPeerAdvisory@interiorhealth.ca](mailto:IHPeerAdvisory@interiorhealth.ca)) to devise a tailored and localized Peer recruitment approach by reaching in to the regional Peer network if applicable.

**Screen, Register, Orient, Train:** Complete and sign [Peer Volunteer Registration Form](#) and refer to [How to Involve Peer Volunteers](#)

**Integrate, Support & Supervise:** Manager and designated IH staff are responsible for safely and meaningfully integrating Peer Volunteers into MHSU services and supporting and supervising them in their roles.

# Level Two- Health-Focused Program Assistance

General Description	Role - Interpersonal	Role - Instrumental	Training	Qualifications & Hiring Process	Remuneration	Supervision	Parameters (F/T, P/T etc.)	Outcomes
<p>Employment (regular) or Peer Engagement &amp; Inclusion Program (non-regular).</p> <p>Peer requests and is chosen or is approached for an entry-level, supportive role within a health promotion or harm reduction program. If absent, programming can continue without them.</p> <p>The focus of the position is weighted towards their own experience and wellness.</p> <p>Mid-barrier position.</p>	<p>Engaging participants. Listening and building relationships.</p> <p>Connecting non-Peer staff to realities and trends from the perspective of a person with lived experience*.</p>	<p>Supportive role in program delivery.</p> <p>Primary role in one-to-one engagement that does not rely on pre-scheduled appointments.</p> <p>Potentially guiding and supporting Level 1 Peers.</p>	<p>On the job, basic, formal training related to both instrumental and interpersonal roles. This could include boundaries, harm reduction, community resources, etc.</p>	<p>Recent or current lived experience*.</p> <p>No formal work experience required.</p> <p>Written or verbal intent is sufficient in place of a cover letter or resume.</p> <p>Transparent and competitive but flexible hiring process in the case of employment.</p>	<p>For employment, as per collective agreement for roles in the bargaining unit.</p> <p>For non-regular positions, \$20/hr recommended</p> <p>For a task completed in less than one hour, at least \$10 - can and should be increased based on the context, time involved and nature of the role.</p> <p>See <a href="#">IH Peer Honorariums Standardized Process &amp; Procedure</a> for direction on how to provide honorariums.</p>	<p>As required by role. Regular, formal support and guidance by a Peer or non-Peer supervisor.</p>	<p>Regular, part-time employment if possible with as much flexibility as is possible based on what works for Peer.</p> <p>Missed shifts due to mental health or substance use issues, or due to adjustment to work, is anticipated and accommodated for.</p> <p>If regular part-time employment does not work for Peer or program, engage through Peer Engagement &amp; Inclusion Program.</p>	<p>Peer has greater self-efficacy and sense of belonging.</p> <p>Peer is more likely to use harm reduction or health promotion strategies.</p> <p>Peer continues to engage in Level 2 or choose to move to Level 3.</p> <p>Participants have better access and/or attachment to services.</p> <p>Health service is better informed and has greater legitimacy.</p>
<p><b>EXAMPLES OF POSITIONS:</b></p> <ul style="list-style-type: none"> <li>• Assisting with health promotion groups</li> <li>• Promoting low-barrier services to underserved, difficult-to-reach community members</li> <li>• Outreach distribution of harm reduction supplies</li> <li>• Assisting at overdose prevention services (welcoming, providing information &amp; supplies)</li> </ul>								

# How the MHSU Network Can Support

- Recruitment for Peer Advisory Group Members and/or Peer Volunteers.
- (Co-)facilitation of Peer Advisory engagement sessions, note-taking and reporting.
- Peer Volunteer candidate interview coordination & support.
- Honorarium payment support including determining the amount (varies based on the role see pages 9-13 of the [Peer Engagement Framework](#) for the different levels of Engagement) and support with payment methods.
- Consultation for budget - If your program does not have a budget to provide honorariums, email [IHPeerAdvisory@interiorhealth.ca](mailto:IHPeerAdvisory@interiorhealth.ca) to explore options (e.g. SBAR, Regional Peer Honorarium budget).
- Peer Training support - Peer Training [Provincial Peer Support Worker Training Curriculum \(16 modules\) \(peerconnectbc.ca\)](#) , monthly virtual [Community of Practice](#) for IH Peer Support Workers and Peer Volunteers
- Consultation, training, guidance and support for non-Peer supervisors and non-Peer colleagues of Peer Volunteers (in development).

# References

Peer support mental health services: promoting person-centred and rights-based approaches. Geneva: World Health Organization; 2021 (Guidance and technical packages on community mental health services: promoting person-centred and rights-based approaches). [Peer support mental health services: Promoting person-centred and rights-based approaches \(who.int\)](https://www.who.int/publications/i/item/9789240016344).

Peer Engagement & Employment in Interior Health Substance Use Services. British Columbia, 2021. [Peer Engagement and Inclusion Toolkit - All Items \(interiorhealth.ca\)](https://www.interiorhealth.ca/peer-engagement-and-inclusion-toolkit).

# Thank you

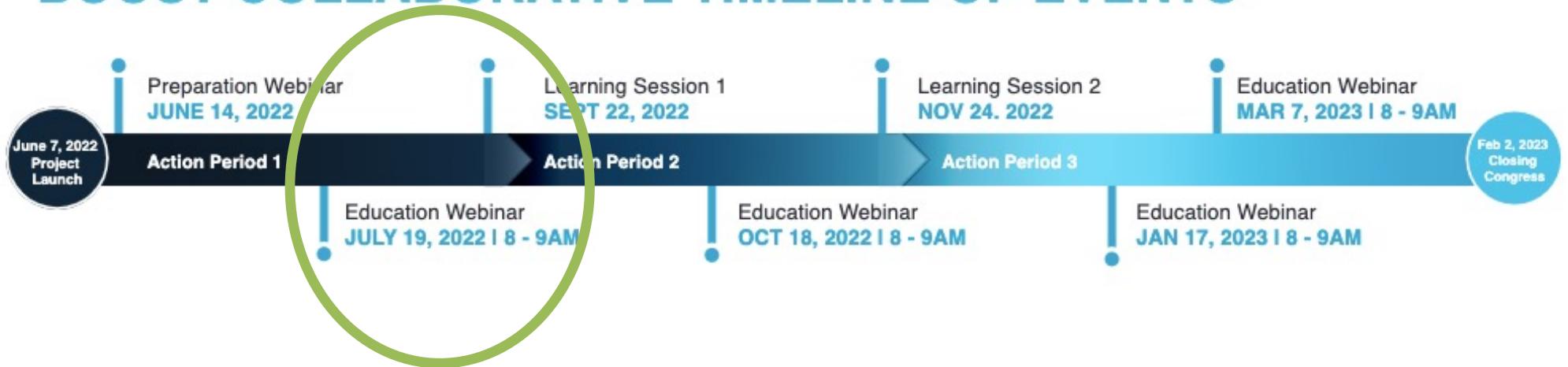
For Questions please email  
[IHPeerAdvisory@interiorhealth.ca](mailto:IHPeerAdvisory@interiorhealth.ca)



WHAT'S  
NEXT?



## BOOST COLLABORATIVE TIMELINE OF EVENTS





**Regular Meetings**

Arrange regular meetings with your site BOOST team & *invite Kalsie to your meeting!*



**Bi-Monthly Webinar**

Educational Webinar 2  
October 18, 2022 8AM – 9AM



**Monthly Reporting**

Next report is due August 3rd



**Learning Session**

Learning Session 1:  
September 22, 2022 9-3pm  
Virtual event on Zoom




**EL**

Use it for questions, sharing of information, etc.



## Reminders

- ✓ Physician Enrolment
  - ✓ Review Change Package & Measurement Guide
  - ✓ Set regular meeting time
  - ✓ Connect with Kalsie
- 



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CONTACT US: [boostcollaborative@bccfe.ca](mailto:boostcollaborative@bccfe.ca)

VISIT THE WEBSITE: <http://www.stophiv aids.ca/oud-collaborative>