

Your Collaborative Team

- Tell us who you are

We are the **WEST END MENTAL HEALTH TEAM**

- Team name, team members and roles

BOOST TEAM consists of Anna (Social Worker) and Rachelle (Psych Nurse).

- Brief description of your practice/program, your physical space, and the population you serve

We are a community MHT located in the West End that serves a catchment area from Yaletown, through Stanley park, to Beach Ave. We serve people with Concurrent disorders and chronic Mental Health challenges.

Aim Statement

- What are you trying to accomplish?

Goals:

- 1) Capture 100% of current and new clients who have had, or currently have a substance use disorder, specifically an Opioid use disorder.
 - 2) Track opioid use treatment for 80% of clients with identified OUD (whether receiving treatment or not).
- What aspect of care are you trying to improve?

We are trying to increase awareness for CMs and docs re OAT/OUD, and increase conversations with clients re OAT.

- Why is this important to do now?

Prior to Boost our team was unaware of which clients were receiving OAT or had an OUD diagnosis. It is important to increase awareness to better serve this population.

Describe your Population of Focus

- Who are your clients?

We follow approximately 900 clients with concurrent disorders and chronic mental Health challenges.

Of these, we have approximately 25 clients with OUD and 70 with Crystal Meth use.

Changes Tested

- What small tests of change have you tried?
 - First we tracked all OUD and crystal meth users in our morning meetings. We did this x18 weeks to capture all clients.
 - Once we identified clients with OUD we created OUD tracking sheet and added it to their charts for clinicians and psychiatrists to track treatment etc (see attached form).
 - The success rate of completion was 65%. A barrier to completion was differing approaches of care by case managers, who focus predominantly on clients mental health, rather than incorporating clients substance use behaviors and recovery, for a holistic approach to care.

Opioid Use

To be completed by CM or psychiatrist with client

OAT: ~~Suboxone~~ Methadone Slow Release Oral Morphine Injectable (heroin/hydromorphone)

Prescribing Doctor: _____

Location: _____

Date first started OAT: _____

Naloxone training: yes no If no, offered?

Aware of supervised consumption/overdose prevention sites? yes no

Aware of access to harm reduction supplies? yes no

Aware of locations to get drugs tested? yes no

Additional information:

Share your progress so far:

- We have created an addictions info board at the office
- We have increased awareness for CMs re OAT
- We have identified and creating a tracking system for clients with OUD
- We have data to confirm our belief regarding number of clients using crystal meth

Lessons Learned

- Share any lessons learned or opportunities for improvement you encountered

There is no place in PARIS to track OUD and clients treatments. We have addressed this by adding the attached form to each clients chart, when they have identified to have an OUD. Long term if MH will be sticking with PARIS it would be beneficial to find a way for PARIS to track OUD/substance use and treatments

Looking forward...

- What is next?
 - We will continue to use our OUD tracking form on paper charts.
 - We have captured data confirming that while we have some clients with OUD the majority of our interactions are with people using crystal meth. We will be moving into a shared space with Three Bridges Addictions team in the next month and are looking forward to potential opportunities to join forces to provide creative programs and treatment for this population.
 - Until then we are going to focus on moving to our new location.

Contact Information

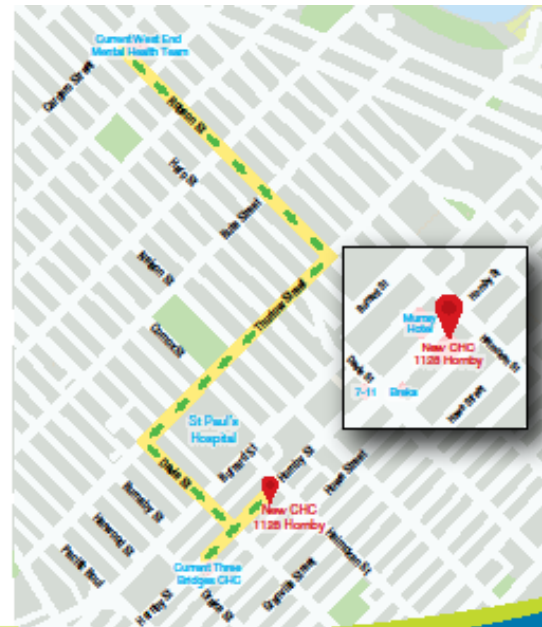
1128 Hornby Street
New # 604-331-8904

WE'RE MOVING
to serve you better!

Starting July 9, 2018, VCH's Three Bridges Community Health Centre and West End Mental Health Team will be integrating programs and services at one central location.

1128 Hornby Street
Vancouver BC V6Z 2L4

Call our new phone line at **604-331-8900**
or visit www.vch.ca/locations-services
to learn more about this exciting change.



Vancouver Coastal Health
Preventing illness. Restoring lives.



Best-Practices in
**ORAL OPIOID AGONIST
THERAPY Collaborative**