



**UIH  
HC**

# HOUSE OF BOOST

URBAN INDIGENOUS HEALTH AND  
HEALING COOPERATIVE

Our Service: Our cooperative partners Indigenous Elders with an experienced group of Inner City Physicians and allied heal professionals to provide physical mental, emotional, and spiritual care the community in Vancouver's Downtown East side.

Our Team:

Elder Ruth, Indigenous Coordinator

Dr. David Tu, Senior Leader

Grayson Allen, Health Outreach worker, Tech support

Emmanuel Cu, Peer Support, Community Health Worker

Catherine Flynn , Boost team Leader

A DECOLONIZING APPROACH TO HEALTH CARE

# Population of Focus



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- We currently care for 86 clients with OUD
- 50 male
- 36 female
- 67 with an active methadone prescription
- 61 retained on OAT >3 months





# Aim Statement

- Our team will evolve a culturally safe, trauma informed system of care for persons with OUD so that there are improvements in:
  - Access to cultural healing
  - Wellness
  - OAT access
  - Retention and Remission
- And decrease in illicit opiate poisonings by  
Dec 31, 2019

# Goals Targets



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- 90% of Indigenous members are offered connection to Elder or Cultural Wellness Program
- 60% Of Indigenous members show a >10% improvement in Wellness Score after 3 month baseline.
- 95% with active OUD have current OAT
- 85% retention on OAT after 3 months
- 60% of members on OAT achieve clinical remission
- <5% of members with OUD have reported an unintended overdose in past 30 days
- %60 of members quarterly patient narratives suggest positive impacts (culturally safe, trauma informed)

# Small Tests of Change



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- Update OUD registry
- Weekly review of OUD registry
- Staff entering end dates of OAT prescription in OAT measurements tool
- Staff Enter Indigenous data for all OUD clients
- Establish a case management team to support complex



# Progress so far



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- All Staff Routinely using OAT tool
- End dates and Indigenous data being entered
- Increase in members accessing Indigenous Elders and Indigenous Wellness Programs/ Cultural Circles
- Weekly Case management rounds established



# Lessons Learned

- Weekly rounds effective for brainstorming ideas between Case managers, and better supporting clients as a team approach
- It takes time and sometimes several reminders for team members to adopt changes to charting habits and using the OAT measurements tool.



# Looking Forward



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- Having Elder attend Case Management Rounds
- Transition to OAT flow sheet from OUD measurements tool
- Create calender for Elders schedules and Indigenous wellness programs accessible to members
- Create Missed Doses Protocol





# Contact Information



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