

Raven Song Primary Care

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Health Headlines

HIV/AIDS lessons helping B.C. tackle opioid epidemic



Best-Practices in
ORAL OPIOID AGONIST
THERAPY Collaborative

Aim Statement

- We aim to provide care using a team approach that is culturally competent, trauma-informed, guidelines-based, and consistent in order to achieve:
 - **75%** reduction in the proportion of patients with missed doses
 - **90%** of clients on oOAT retained on therapy for greater than 3 months
 - **50%** average increase in quality of life as scored using the 10 question PROMIS instrument
- Why now?
 - Right now, about 2/3 of our clients have been on therapy for longer than 3 months. We want to increase this to 90% by the end of our Collaborative, because we know the mortality and morbidity benefit of OAT will only be realized for our clients **retained** on therapy

Describe your Population of Focus

- Who are your clients?
 - Primary care clients who are marginalized and vulnerable
- POF baseline based on keywords – 507 clients
- 304.0 Opioid use disorder – 393 clients (78%)
- Of the 114 clients in POF baseline without 304.0, we are conducting a quick review of their problem list to ensure we have not missed adding the 304.0 for anyone and have an OUD form created for them.

Changes Tested

- Suboxone Microdosing

- Plan to use this new method of getting people on Suboxone
 - Goal 1 – increase number of clients on OAT, targeting those who couldn't go through with induction protocol for Suboxone
 - Goal 2 – increase retention on OAT, by targeting those doing poorly on methadone (eg. frequent missed doses, intolerable side effects)
- 11 attempted so far
 - 3 remained on Suboxone, 1 restarted microdosing protocol
- More difficult for switches from methadone
- Needed to come up with advice for missing doses
- Needed to make instructions clear for pharmacy
 - Provided some initial doses from clinic stock
- Add “microdosing” to Treatment Stage Comment on OUD form for tracking

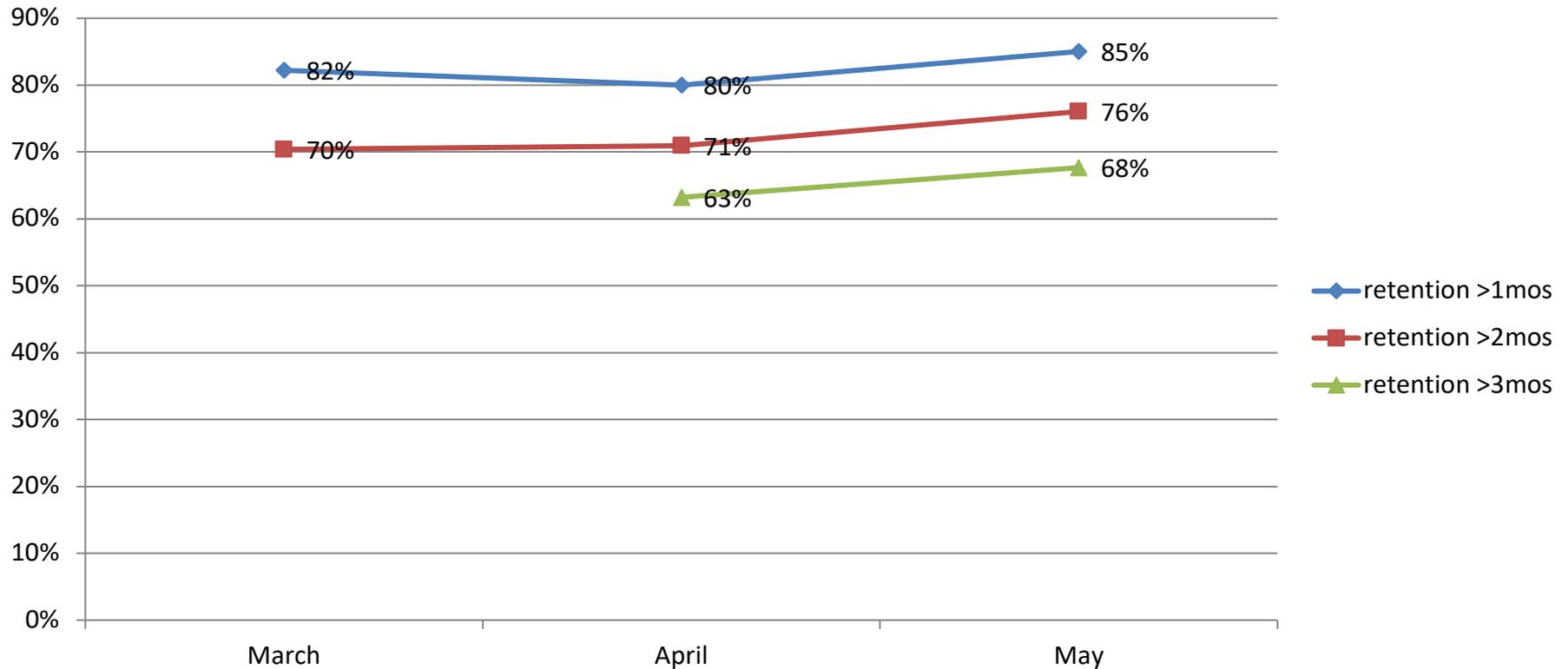


Changes Tested

- Follow-up on recent new starts/restarts
 - Pharmanet check for 22 clients started within the month up to May 3 (QI refresh date)
 - 8/22 did not have active rx
 - Tracy followed up on the 8 w/o active rx in PNet (made 5 phone calls, left 3 messages, spoke to 1 mother, 1 number out of service, 30min of work)
 - Cole reviewed list again (30min of work)
 - One microdosing restart
 - One phone call with youth who may start microdosing later in week
 - One referred to OOT
 - One already referred to OOT by SPH ED after **recent OD**
 - One moved away
 - One for CSCs to email
 - Two youth detox clients
 - What we learned: it is feasible to follow-up on recent starts, doesn't take much time
 - Next cycle – use OUD form query for more systematic approach

Our Progress - Retention

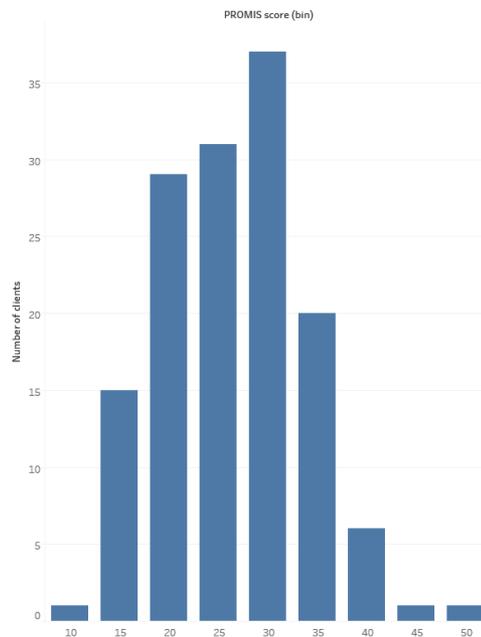
BOOST - RSG PC Retention data



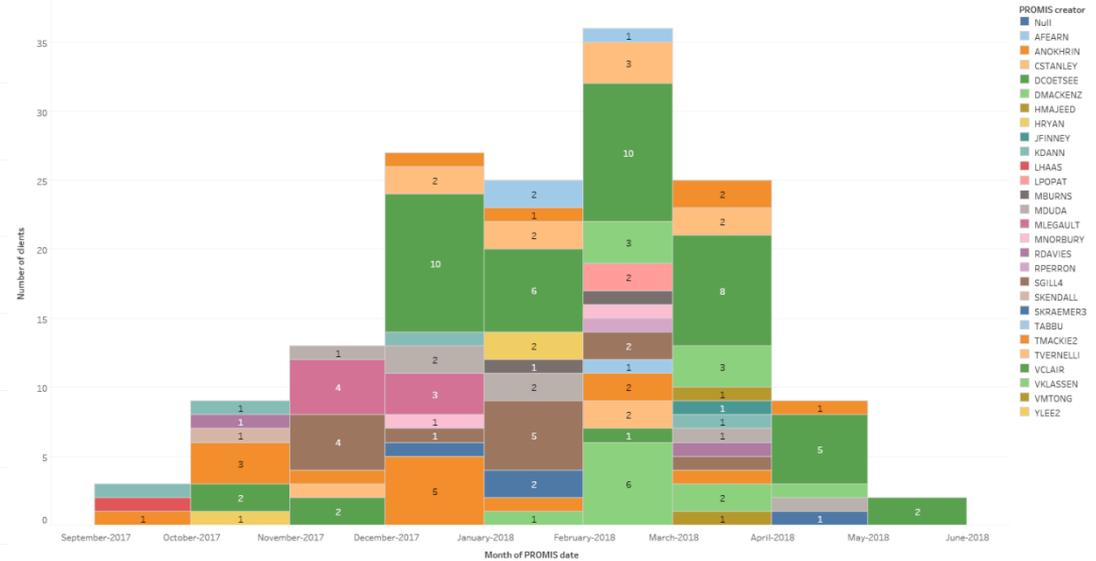
Our Progress – Quality of Life

- PROMIS (134 clients have had this completed)
 - Aim to do 100 additional forms over the month of June
 - Plan to have competition with small prize for top form creator of the month (gluten-free doughnut and coffee)

RSG PC PROMIS scores - histogram



PROMIS questionnaires done for RSG PC clients with 304.0 opioid use disorder (134 clients out of 385 with OUD)



A lesson to share

- Effective Meetings Framework
 - Established regular meetings q2wks
 - Established ground rules (eg. Have fun, don't be late, don't cancel meetings, ensure equitable group participation, etc)
 - Establish roles and rotate these roles (leader, facilitator, recorder, timekeeper)
 - Prepare agenda beforehand and send out minutes after
 - Team members evaluate meeting at end of each one
 - Overall satisfaction with meetings, sense of productivity has increased
 - Done with support of PSP Coach Valeria Gal

Looking forward...

- What is next?
 - Follow-up plans based on regular review of OUD list
 - Standard recording of Best Way to Contact
 - Client experience survey
 - Potential to restart OAT group
 - Complete PROMIS on majority of clients, study results
 - Raven Song PC forming ICT pods over the summer, format of OAT drop-in changing