



Portland Hotel Society- Optimal Dosing Questionnaire

Clients are interviewed when they present to the clinic for care and responses are documented in OSCAR EMR.

1. How do you feel on your current dose?
2. Are you still using? How much?
3. Do you have any withdrawal? Cravings?
4. Would you like to increase your dose? If not, why?
5. Explain to client what an ideal therapeutic dose is of their OAT (Methadone 60mg/Kadian 400-800mg/Suboxone 16mg)
6. What, if any, are the barriers to accessing your medication or increasing your dose? (side effects, health concerns, clinic wait times, getting to pharmacy)
7. How can we help? (reminder calls, shorter wait times in clinic, accompany to appointments or pharmacy)