



Best-Practices in
ORAL OPIOID AGONIST
THERAPY Collaborative

Pender BOOST – Quality of Life



Collaborative Team

Pender Community Health Centre

- Team Members: Karen (CSW), Martin (LPN), Jenni (RN), Tracey (RN) Kristin (MD)
- Multi-disciplinary clinic in DTES
- Approximately 380 individuals with OUD
- Contact: kristin.prabhakar@vch.ca

Pender Community Health Centre



Category

- Category name :
 - Quality of life
- Category definition:
- the general well-being of a person or society, defined in terms of health and happiness



Change Tested – Shorter QoL Survey

- Brief QoL Survey – 3 Questions

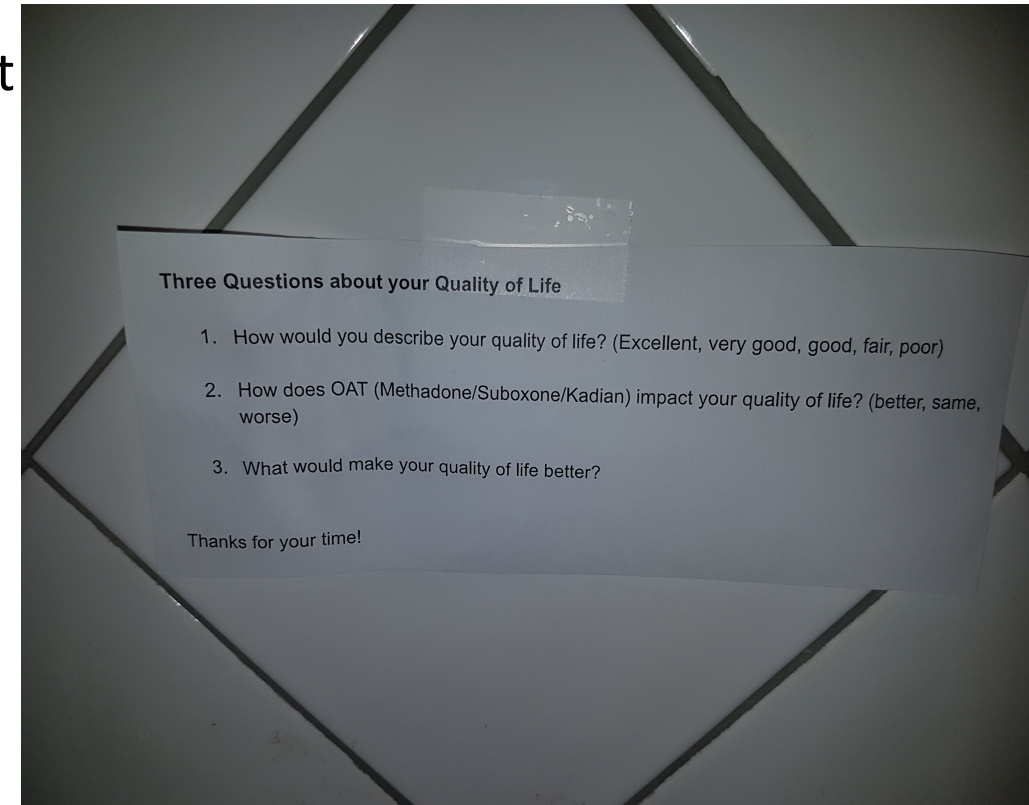
1. How would you describe your quality of life? (Excellent, very good, good, fair, poor)
2. How does OAT (Methadone/Suboxone/Kadian) impact your quality of life? (better, same, worse)
3. What would make your quality of life better?

- Process

- Paper copy of surveys given to clinicians/front staff
- Encouraged to review with client and enter data in EMR

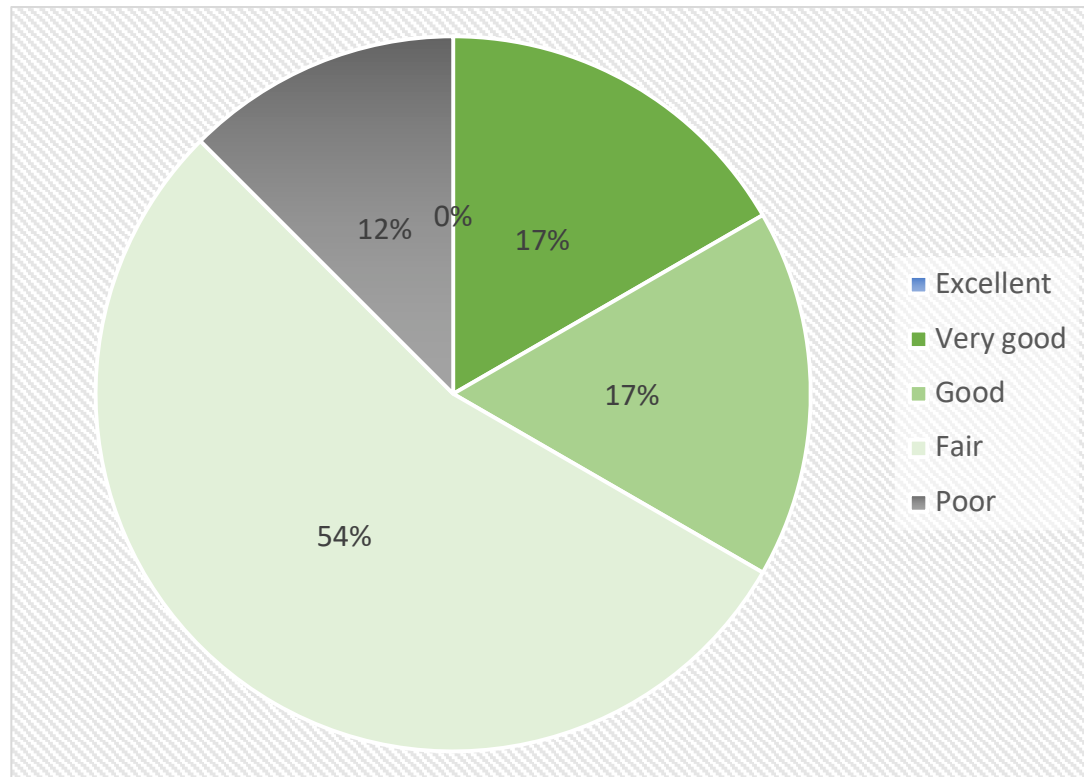
- How have you been measuring these changes?

- 24 respondents over 4 week period

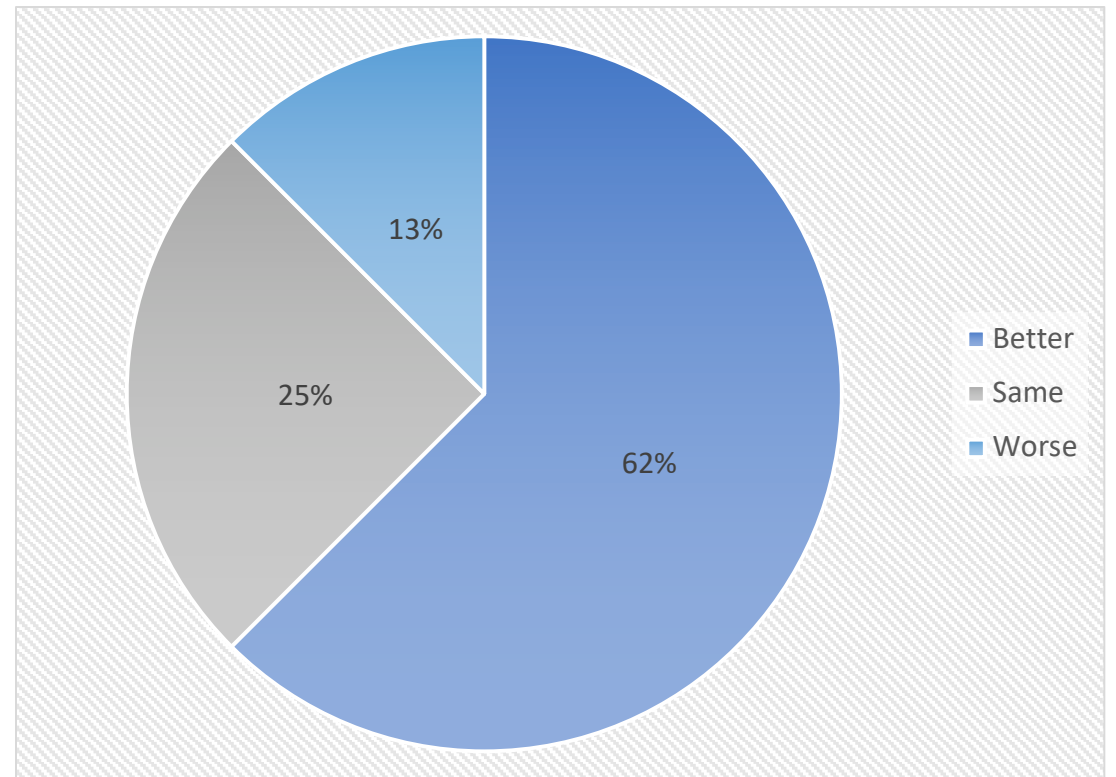


Data (n=24)

Q 1 - Quality of Life



Q 2 – Impact of OAT



Q3 – What would make your Quality of Life Better?

- Money/Job (9)
- Housing (7)
- Getting off OAT (4)
- Getting of drugs/abstinence (4)
- Quit smoking
- Carries
- Fitness/Eating better/Dentist
- Dealt with mental health better/counselling
- Courage
- Radio
- I don't know

Reflection

- Challenges/Successes?

Challenges: completion of surveys (clinician uptake/task fatigue)

Successes: some surveys completed 😊

- What has been your biggest lesson learned?

- Informative
- Enjoyable
- Springboard for discussion