



Best-Practices in
ORAL OPIOID AGONIST
THERAPY Collaborative

BOOST Collaborative

Learning Session 4

Brynn Grierson PCM

Vickie Lau CNL

Eric Eligh RN

Dr. Andrea Szewchuk Family Physician

JRC Collaborative Team

- **Team Name:** John Ruedy Clinic
- HIV Primary Care Clinic
- St Paul's Hospital 5th floor Burrard Building
- 1350 Active Patients – 150 Code 304.00



Brynn Grierson
Patient Care
Manager



Vickie Lau
Clinical Nurse
Leader



**Dr. Andrea
Szewchuk**
Family Physician



Eric Eligh
Substance Use
Nurse



Dr Cole Stanley
Family Physician
Honorary Member

Quality of Life

- General well being of an individual defined by health (mental/physical) and happiness
- PROMIS Scale – 10 Questions

07 Aug 2018

PROMIS Scale v1.2 - Global Health

Please respond to each question or statement by marking one box per row		Excellent	Very Good	Good	Fair	Poor
Global 01	In general, would you say your health is:	<input type="radio"/> 5	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1
Global 02	In general, would you say your quality of life is:	<input type="radio"/> 5	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1
Global 03	In general, how would you rate your physical health?	<input type="radio"/> 5	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1
Global 04	In general, how would you rate your mental health, including your mood and your ability to think?	<input type="radio"/> 5	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1
Global 05	In general, how would you rate your satisfaction with your social activities and relationships?	<input type="radio"/> 5	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1
Global 09	In general, please rate how well you carry out your usual social activities and roles. (This includes activities at home, at work and in your community, and responsibilities as a parent, child, spouse, employee, friend, etc.)	<input type="radio"/> 5	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1
		Completely	Mostly	Moderately	A Little	Not At All
Global 06	To what extent are you able to carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair?	<input type="radio"/> 5	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1
	In the past 7 days	Never	Rarely	Sometimes	Often	Always
Global 10	How often have you been bothered by emotional problems such as feeling anxious, depressed or irritable?	<input type="radio"/> 5	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1
		None	Mild	Moderate	Severe	Very Severe
Global 08	How would you rate your fatigue on average?	<input type="radio"/> 5	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1
Global 07	How would you rate your pain on average?	<input type="radio"/> 0 <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 <input type="radio"/> 7 <input type="radio"/> 8 <input type="radio"/> 9 <input type="radio"/> 10 No Pain Worst Imaginable Pain				

Total Score:

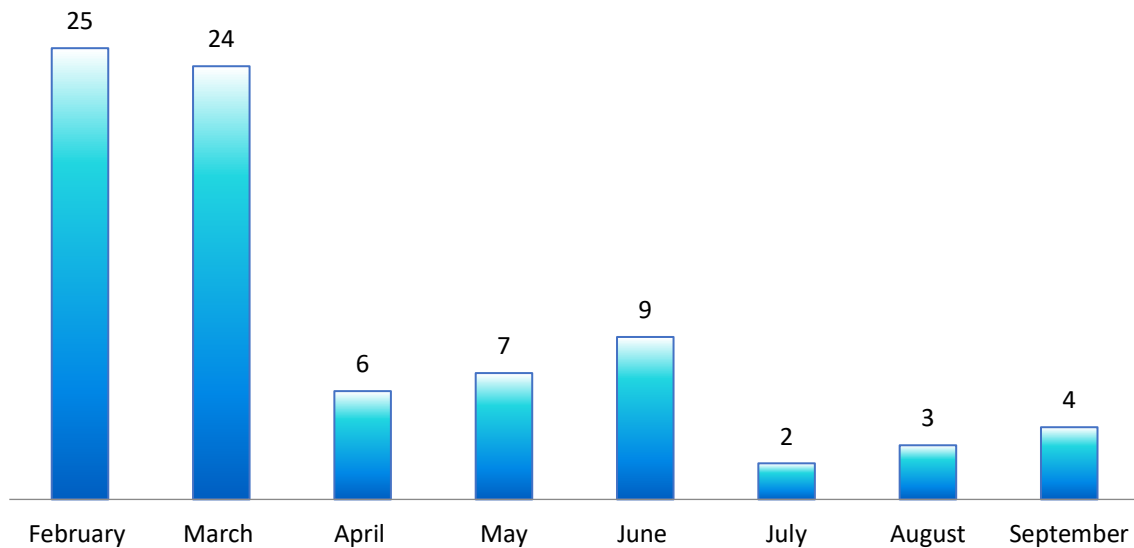
Global Physical Health Score:

Global Mental Health Score:

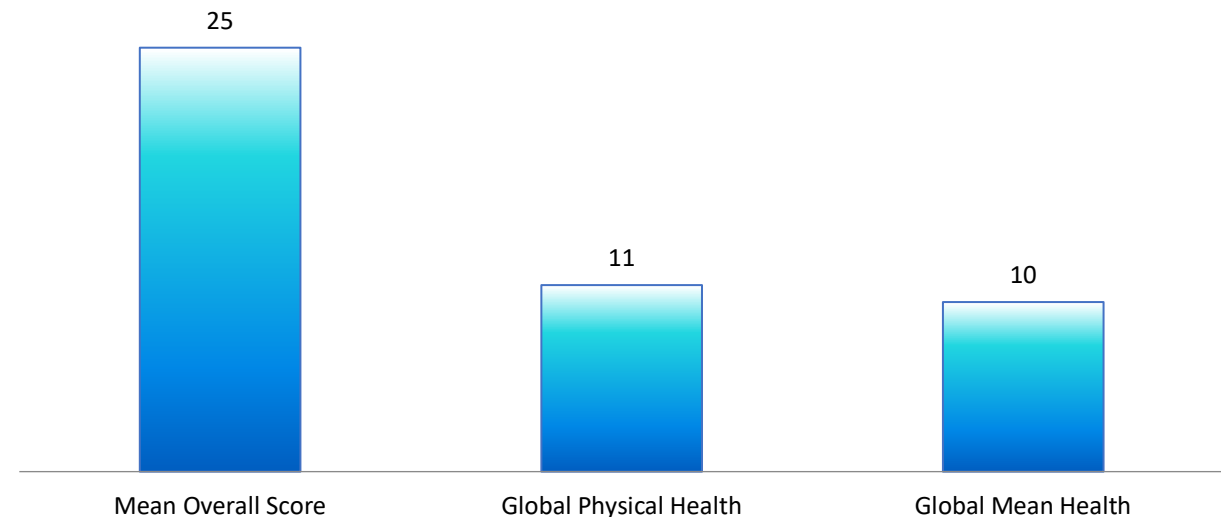
Change Tested

- Offer PROMIS Scale at Baseline every 4 months
- 80 Baseline Scales completed (Feb – present)

PROMIS Scale Completed



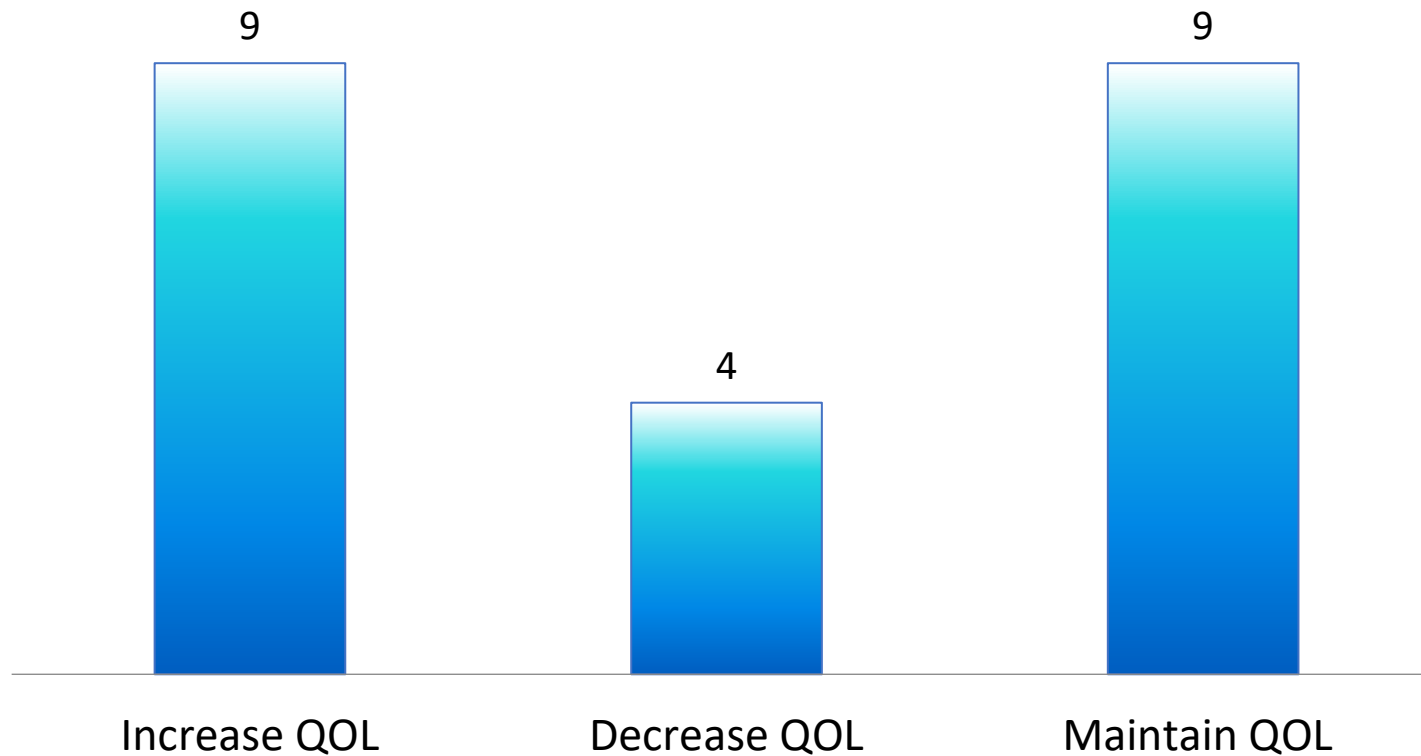
PROMIS Scale Results



Change Tested

- 22 pts have repeated scale in 4 month interval

PROMISE 4 Month Comparison



Reflection

- Challenges- Integrating workflow in the team (Triage, front desk reminder to provide survey at check in, and delegation of work if primary RN away)
- Success – $\frac{3}{4}$ of patients receiving OUD at IDC voluntarily participating with PROMIS Survey
 - 81% of patients appear to be subjectively maintaining or increasing quality of life so far...

What's next?

Explore possible ways in which we can support clients social activities and engagement (Question #5) through clinic resources and community groups