



Navigation Booklet

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The Best-practices in Oral Opioid Substitution Therapy Collaborative welcomes partners from across Vancouver Community to join in a shared quality improvement initiative to address the opioid crisis and close gaps across the opioid use disorder continuum of care. This document attempts to help you navigate the technical documents in the Collaborative. You can find the associated documents at stophiv aids.ca/resource-oud-collaborative.

What are we trying to accomplish?

We aim to provide equitable access to integrated, evidence-based care to help our population of clients with opioid use disorder achieve:

- 95% initiated on oOAT
- 95% retained on care for ≤ 3 months
- 50% average improvement in PROMIS Quality of Life Score

We will achieve these aims while focusing on client experience, embedding quality improvement into all that we do, and working collaboratively with the client and the community to ensure needs and conditions that promote success along the continuum are met.

Each team will craft specific, local aims that contribute towards our collective aim. Tips for creating your aim can be found in the *Preparation Manual*.

How will we know that a change is an improvement?

Understanding why people in your site are not linked to care, why they don't return for regular care, and why people are not achieving optimal dosage of oral opioid substitution therapy can help you learn about changes that will be useful to reach your aims.

The BOOST Collaborative offers a range of validated improvement measures. Teams will have guidance to define their *Population of Focus*, collect required measures, and select from optional measures. Teams should aim to collect between 4 and 8 measures.

The *Guide to Measurement* provides guidance on why to measure, what to measure, and how to measure for improvement.

What changes can we make that will lead to an improvement?

What will you actually do to reach your aims? What changes will you make for your practice and community? What do you think will work locally?

The *Change Package* consolidates ideas and strategies that you may find useful to close gaps and reach your aims. Change ideas have been pulled from evidence, experience, and organizations committed to excellence in opioid use disorder care for patients and families. These change ideas should be adapted to your context and serve as a springboard for other ideas.